



Parks and Recreation Fall 2020 Activities Guide

Soccer

K—1st Grade Boys and Girls
2nd—4th Grade Boys and Girls

Practices will include fundamentals, ball handling, and scrimmages. Program emphasizes team play, sportsmanship, participation, and **FUN!** . Participants are encouraged to wear shin guards, must wear tennis shoes or rubber cleats, and should dress appropriately for the weather. Games against other teams are TBD.

When: Practice begins Tuesday, September 15th. Practices are held on Tuesdays and Thursdays from 5:30pm –6:30pm. Potential Games will be on Saturdays.

Where: K-1:Nisswa Park Small Field
2nd-4th: Nisswa Park Big Field
(Potential games @ away fields)

Dates: September 15th—October 15th

Deadline to Register: September 8th

Cost: \$35

Volunteer parent coaches are needed for this program. Please consider volunteering and making a difference! Coaches are allowed one free child registration.

Flag Football

3rd—4th Grade Boys and Girls

Non-Contact football that teaches participants the basic skills and concepts of football. Program emphasizes team play, sportsmanship, participation, and **FUN!** Participants must wear tennis shoes or rubber cleats and should dress for the weather. Program will be In-House.

When: Practice begins Monday, September 14th. Practices are held on Mondays and Wednesdays from 5:30pm-6:30pm.

Where: Nisswa Park Small Field

Dates: September 14th—October 14th

Deadline to Register: September 8th

Cost: \$35

Volunteer parent coaches are needed for this program. Please consider volunteering and making a difference! Coaches are allowed one free child registration.

Time for Play—Ages 6 and under

Parents and kids playtime in the Nisswa Community Center. Ride on toys, slides, parachutes, cars, blocks, play houses, etc. No registration required, stop by and have some fun!

When: Monday, Wednesday, and Fridays—excluding observed Holidays

Where: Nisswa Community Center

Dates: November 2nd—April 14th

Cost: \$2 per person. Children under 1 are free!

Join our Facebook page! <https://www.facebook.com/NisswaTimeForPlay>

Corona Virus/Covid-19—TIPS Subject to change—watch for updates!

- Do not use parks or trails if you are exhibiting symptoms.
- Follow CDC's guidance on personal hygiene prior to visiting parks or trails.
- Be prepared for limited access to public restrooms or water fountains.
- Share the trail and warn other trail users of your presence and as you pass.
- Observe CDC's minimum recommended physical distancing of 6 feet.

2020 Fall Registration Form

Please use **one registration form per participant**. Photo copy this form if necessary. Mail or drop off registration form at Nisswa City Hall P.O. Box 410 Nisswa, MN 56468. Make check payable to Nisswa Parks & Rec. Contact Dustin Spohn at dspohn@ci.nisswa.mn.us or 218 961 4246 with any questions. Late registrations will be accepted on a space available basis only.

Name _____ Birthdate _____

Age _____ Shirt Size _____

Parent's Name _____ E-mail _____ Home/
Cell _____ Work _____

Address _____

City _____ Zip _____

Please list any medical conditions our staff and coaches should be aware of: _____

Would you like to be a coach? If so, let us know for which activity here. Thank you! _____

Activity	Fee
Total:	

I undersigned, parent or guardian or participant, do hereby agree to allow the individual named to participate in Nisswa Parks & Recreation recreational activities with the understanding that it is voluntary. I further indemnify, and hold the City of Nisswa and its employees harmless from and against any liability for any injury which may be suffered by the aforementioned individual arising out of, or in any way connected with, his/her participation in this activity. If I object to the use of my child's photograph in any agency or non-agency publication, I will contact Nisswa Parks and Recreation Department directly. Parent/Guardian Signature

Name: _____ Date: _____



<https://www.facebook.com/nisswapark>